



Body Positive Works

Corporate Wellness Packages



bodypositiveworks.com/corporate



**BODY
POSITIVE
WORKS**

Corporate Wellness



**COME AS
YOU ARE**

About Us



Body Positive Works offers a wide range of wellness services for corporate and business employees.

With a multitude of health and wellness experts under one roof, we cater to everyone and nurture an ever-improving and evolving range of wellness services.

We empower employees with health education and lifestyle skills that enable them to achieve their best possible health and well-being.

Putting the wellness of your employees first

Investing in employee well-being can lead to increased efficiency and resilience, improved employee engagement, reduced burnout and sickness absence. Our team-building and wellness services are a great way to get your employees back into the office. Our expertise helps you to boost employee morale and job satisfaction whilst optimizing the performance and productivity of your workforce.

We began with a simple idea: to create a community-focused space where people can have easy access to a multitude of practitioners, programs, and services to support an integrated wellness experience.

We are on a mission to generate an integrative wellness community that helps people of every age, race, culture, religion, physical ability, and gender identity develop a kinder relationship with their unique selves, celebrate their inner qualities, and learn to be wonderstruck.



Our Team





Employee Wellness & Team Building Services

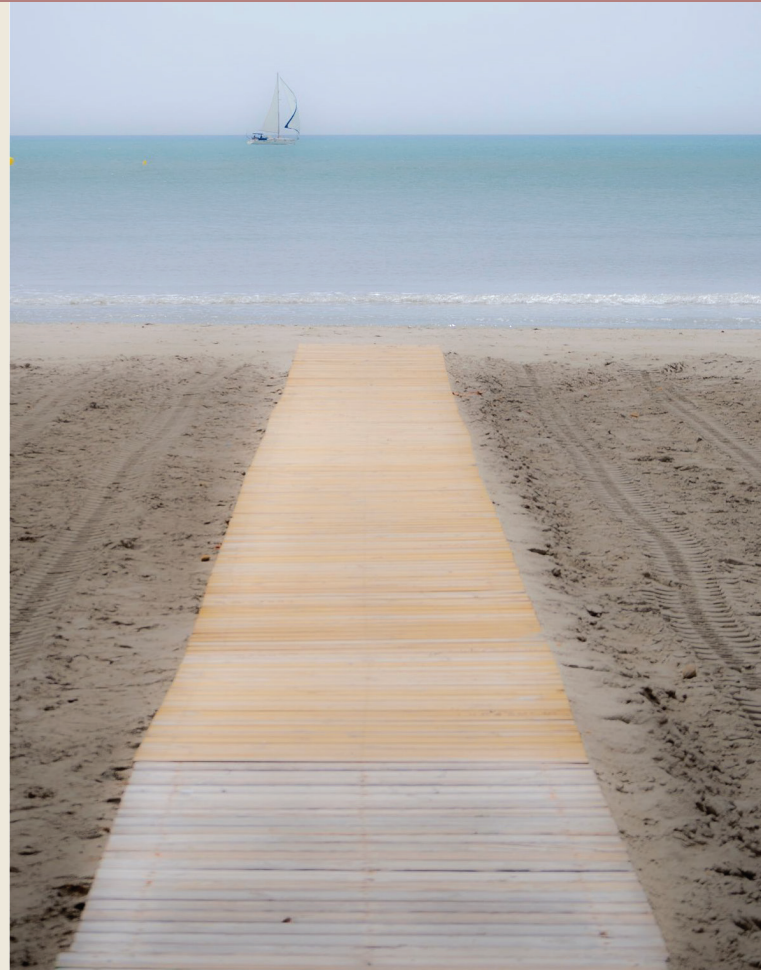
Our emphasis is on customizing your own wellness experience to fit the needs of your employees. We bring our wellness and team-building services to your site.

- Art Therapy
- Breathwork
- Emotional Freedom Techniques (Tapping)
- Massage and Lymphatic Drainage
- Meditation
- Nutrition Education and Support
- Psychotherapeutic Approaches to Anxiety and Stress Reduction
- Sound Healing
- Yoga

Cultivating Calmness in the Workplace

Customize Your Workplace Wellness Services

We can help you customize your well-being program with a choice of services that best suit your teams' specific interests and/or needs.



Ready to make a difference in the lives of your employees?

Contact us at 201-708-8448 or visit our website and complete the form here:

bodypositiveworks.com/corporate

Together we can explore an employee well-being program that integrates appropriate modalities for you and your workforce.



“They are such powerful role models and helped me develop my self confidence and my own power! I am so grateful! Namaste.”

Pamela W.

bodypositiveworks.com/corporate



Thank You

We look forward to working with you.

**Body Positive Works
96 E. Allendale Road
Saddle River
NJ 07458**

Call: 201-708-8448

bodypositiveworks.com/corporate

